



- CLUB UPDATE - Term 1 2024 -

Dear Families

We hope that everyone has settled well into their gymnastics for 2024.

We are now in week 8 of our 10-week term. Most of our recreational gymnasts will be taking part in the 8 Skill Challenge in their classes in week 9. More info on this further on in this update.

In week 9, recreational members will receive a priority invite to book in for Term 2. From 1st April, bookings will open to new members. Some class day/times are very popular (in particular, Saturday classes) and it can be disappointing to miss out so please do book in ASAP. Please note that once you have booked in, you have committed for the full term and refunds are not given unless extenuating circumstances apply.

During the week holidays, the gym will shut down so that some painting and other works can occur, so there will be no holiday program offered.

Kind regards Karen and the Coaching Team

UPCOMING PUBLIC HOLIDAYS:

Classes operate as normal on all Public Holidays EXCEPT for Good Friday.

Why do we clean our feet before class? When we started the feet washing for COVID, we noticed a significant improvement in the cleanliness of our carpets and mats. We also noticed the gym was a lot fresher (less stinky) than before.

Given that the gymnasts are sitting, doing handstands, cartwheels and performing skills on the floor, beams and other equipment which cannot be wiped down or easily cleaned, we feel that it is a much more hygienic and pleasant environment for gymnasts and coaches alike. Coaches and team mates also appreciate not having to spot other gymnasts in handstands etc by holding on to their unwashed feet.

For more FAQ: head to this link – <https://darwingym.com/faq>



Important Dates:

- 23rd March: PAD Test 2-5.30pm
- 24th March: Come & Try – Recreational classes
- 25th – 30th March: 8 Skill Challenge Week
- 25th March: Term 2 Priority Bookings open-returning members
- 29th March: Gym CLOSED for Good Friday Only
- 1st April: Term 2 bookings open – new members
- 6th April: Last day Term 1
- 15th April: First day Term 2

WWW.DARWINGYM.COM

DGC's website is the entry point for accessing your child's account, bookings, merchandise along with general club information, our Calendar of Events etc. If you forget your password, you can reset it yourself and if you lose track of a previous email, you will be able to find all emailed correspondence history under the email tab on your own account. Please make sure to update your contact details if they change.

Please keep your child home if they are unwell and let us know for our records by emailing



8 Skill Challenge ALL Recreational Classes

Each term, skills selected from the term's curriculum are assessed in our 8 Skill Challenge, providing feedback on individual performance measured by **blue**, **silver** or **gold** stars.

During Week 9 of classes, gymnasts from the following groups- **Tumblers, Girls Only, Boys Gym & Free G Step Program and GFA Spring** will be taking part in the 8 Skill Challenge. Certificates will be presented in class the following week.

If a gymnast is absent in week 9, they will miss the challenge however we can provide the list of skills covered if requested and there will be an opportunity each term to take part.



CBF Grant:

Last year DGC purchased two new tumble tracks, booster blocks & a set of Spieth Uneven Bars. We are grateful for the financial assistance we received from the NT Government through a **CBF Minor Community Organisation Grant** along with funds raised at our 2023 Gym Fun Colour Explosion.

We are continuously upgrading and adding to our equipment base and resources. If you know of a business looking to support a long-term not for profit club, please get in touch to request a sponsorship prospectus 😊